

JOIN THE CONVERSATION ABOUT COMMUNITY WELLNESS

Share your voice on health and wellness priorities in our community.

The **Yadkin Valley Wellness Foundation** was created to help people in our area be healthier. Now, the Foundation wants to hear from you about how to use its resources in fair and helpful ways for everyone. Your thoughts and experiences will help us understand what is working well, what is missing, and what matters most when it comes to health and wellness.

Here are two ways to share your voice...

Join a Community Listening Session

Listening sessions are friendly group conversations where you can voice your thoughts about health and wellness in our community. You don't need to sign up or prepare anything - just come to one of the sessions and share what you think.

Tuesday, March 10

- 9–10am | Yadkin Valley Senior Center | 121 Delos Martin Drive, Jonesville
- 6–7pm | Dobson Community Public Library | 113 South Crutchfield St, Dobson

Wednesday, March 11

- 9:30–10:30am | Boonville Community Public Library | 121 W. Main St, Boonville
- 5–6pm | Yadkin Valley Heritage & Trails Visitor Center | 257 Standard St, Elkin

Thursday, March 19

- 8:30–9:30am | Elkin Public Library | 111 N. Front St., Elkin
- 6-7pm | Mountain Park Volunteer Fire Department | 1123 Zephyr Mountain Park Rd, State Road

Friday, March 20

- 8:30–9:30am | Jonesville Public Library | 112 N. Swaim St, Jonesville

Take the Survey

The survey is short and easy to fill out, and you can do it from your phone, tablet, or computer. Just go to the web link below or scan the QR code to get started. The survey is available in English, Spanish, and Vietnamese and will be open until Friday, February 20th.

Web link: www.surveymonkey.com/r/yvwfsurvey



Why participate?

People who live here know this community best and **every voice is welcome**. Your input will help make sure decisions are shaped by real experiences, not guesses or assumptions.

Need help joining in?

Everyone is welcome, meetings are free, and language or access support may be available if needed. For questions or more information, send us an email at info@yadkinvalleywellness.org.

Thank you in advance for helping make our community healthier and stronger.

Learn more at www.yadkinvalleywellness.org